

JUST DO YOUR HOMEWORK!

By Michael Grose

Sound familiar?

Rather than homework being a headache for you and your child, here are some tips to help minimise the hassles and for you to remain sane during the process!

- 1. Establish homework time and stick with it every day.** If children tell you they don't have any formal homework then they can read, revise or organise their work. My feedback tells me that sticking to a routine despite the fact no formal homework is set is extremely useful and helps avoid battles.
- 2. Put the onus back on your children to take responsibility for their work.** Ask children at the start of the homework session how much homework they will do. At the end of the session check it to see if it matches with their intentions as well as yours. You need to make sure it is your children and not you that is responsible for homework!
- 3. Homework is as much a time management issue as anything else.** Encourage students to work reasonable quickly and efficiently. Have a set time limit, which they should stick to. There is generally little point slogging away once they become frustrated or tired. A little work each night is more productive than packing it into one weekly session.