

# Three Mind Sets for Parenting Success

By Michael Grose

## 1. **Believe in your child**

This is easy if you have an early maturer, a child who has talents that you value, or one who easily achieves anything she or he puts his mind to. But it's a different story if you have a child who struggles at school or to make friends, or just has a different interest than you. Your belief in your child's abilities is revealed through your expectations, your body language, even the expression on your face.

## 2. **Look for the best**

What you focus on expands so if all you focus on is misbehaviour and poor performance then you will get more of those things. Set your antennae for children's strengths, abilities and social behaviours and invariably you will get more of those.

## 3. **Think long term**

If you want your child to become independent then don't do everything for him or her. You need to teach them some skills so they become self-sufficient.

Awareness, teaching and opportunity are the main requirements for kids to pick up these skills. They need to be aware of what can be done. They need to acquire the skills – some take more teaching than others. They also need opportunity to put things into place.